

Perinatal Mental Health Education



Immersive simulation training on the identification and management of common perinatal mental health problems using actors and 'real-life' settings

One day training workshops co-facilitated by a consultant perinatal psychiatrist from the Sussex and East Surrey Specialist Perinatal Mental Health Service and a perinatal mental health service user trained in simulation facilitation

This course is run in line with COVID safe protocols, more information from www.bsuhsim.org/covid

Limited places for each specialism to allow a 'hands-on' team working experience, COVID safe.

Further information & applications from:
www.bsuhsim.org/pnmh

For further details please contact bsuh.sim@nhs.net

Designed for:

- Midwives
- Health Visitors
- Mental Health Nurse/Practitioners
- Junior Doctors (GPVTS, FY, Psychiatric & Obstetric Trainees)
- General Practitioners
- Obstetricians
- Psychiatrists
- Maternity Support Workers
- Approved Mental Health Workers

Learning Outcomes

- Understanding how to assess and manage perinatal illness in a variety of settings
- Understanding how to assess risk to both mother and baby in a variety of perinatal settings
- Increasing confidence in the management of risk to both mother and baby in relation to poor maternal mental health
- Improving team-working between primary care, mental health, and maternity / health visiting services.
- Understanding of the impact of COVID 19 on perinatal mental health and service delivery

Venue: Simulation Centre, Royal Alexandra Childrens Hospital, Brighton, BN2 5BE

Dates: 22 Feb 21 28 Sep 21 09 May 22
 18 Mar 21 15 Oct 21 10 Jun 22
 26 Apr 21 09 Nov 21 07 Jul 22
 24 May 21 14 Feb 22
 01 Jul 21 31 Mar 22

Time: 0830 - 1630

Participants: Open to KSS Staff only

All our courses are run as COVID safe with temperature checking, PPE equipment and reduced numbers, for more information go to www.bsuhsim.org/covid